

Western Wisconsin Working for Tobacco-Free Living

www.W3TFL.org

Volume 2 Issue 8 January 31, 2012



Save the date: Quarterly coalition meeting!

Please join us Thursday **February 9, 2012** for our W3TFL quarterly coalition meeting. The meeting will be held at the Polk County Health Department from 9:00 am to 11:00 am. We hope to see you there!

State of Tobacco Report

American Lung Association's *State of Tobacco Control* report tracks progress on key tobacco control policies at the state and federal levels, and assigns grades based on tobacco control laws and regulations in effect as of January 1, 2012. This is the tenth report issued by the American Lung Association. *State of Tobacco Control 2012* finds three major trends regarding tobacco control policy efforts at the state and federal level in 2011 to reduce the terrible burden caused by tobacco use in the United States:

- States are doing less to keep kids from smoking.
- The tobacco industry is taking advantage of states' inaction by fighting back.
- The federal government continues to make important progress.

Cigarette Tax Rate- B With a \$2.52 tax on a 20 pack of cigarettes Wisconsin's cigarette tax ranks 8th in the nation. There still is room for improvement on the taxes on other tobacco products (OTPs). Taxing OTPs at a comparable rate to cigarettes will decrease OTPs availability to youth.

Tobacco Prevention and Control Spending- F Drastic cuts resulted in the program being funded at its lowest level in its history, with only \$5.3 million per year dedicated to tobacco control efforts in 2012. Which is only 11.6% of CDC Recommended Level of funding.

Smokefree Air- A Wisconsin has a strong law which supports both smokefree workplaces and public places.

Cessation Coverage- F Wisconsin only invests \$.73 per smoker into the Wisconsin Quitline, when the recommended amount is \$10.53 per smoker.

To read the whole report go to http://www.stateoftobaccocontrol.org/SOTC_2012.pdf

Tobacco Prevention and Control Legislation AB 93 and AB 469

Currently there are two bills moving thru the legislature:

1. **AB 93** would prohibit the purchase of any tobacco product on behalf of a minor. Currently the language only includes prohibiting buying cigarettes for a minor.
2. **AB 469** would exempt electronic smoking devices (e-cigarette) from the Smokefree Air Law. Allowing e-cigarettes to be used in places where tobacco is prohibited.

Other Tobacco Product Presentations!

If your organization/group is interested in learning more about other tobacco products (OTPs), please contact Mary or Cortney. We would love to come and do a presentation to spread the word!

Highlighting an OTP: Pipe

In pipes, the tobacco sits in a bowl at the end, and a stem connects the bowl to the mouthpiece. Pipes come in many different styles and depending on the style they may be equipped with filters.

Pipe smokers often argue that their health isn't at risk because they only smoke one or two a day and they don't inhale. They also claim that pipes aren't addictive. Research shows that pipe smoking is every bit as dangerous as cigarette smoking, and possibly even more dangerous.

Below are some of the harmful health effects of smoking pipes :

Cancer- Even if you don't inhale, you can get a number of different cancers from smoking pipes. Oral cancer can develop anywhere the smoke touches, including the lips, mouth, throat, and tongue. People who inhale also increase their risk for cancers of the lung, pancreas, and bladder.

Lung disease- Pipe smoking doubles the risk for the airway damage that leads to chronic obstructive pulmonary disease (COPD), a lung disease that includes chronic bronchitis and emphysema. Smoking can also worsen existing asthma.

Heart disease- Smoking pipes increases your likelihood of having heart disease or a stroke.

Teeth problems- Smoking pipes wreaks havoc on your mouth, contributing to gum disease, stained teeth, bad breath and tooth loss.

Erectile dysfunction- Smokers are twice as likely to have erectile dysfunction as nonsmokers.

Cigars and pipes aren't just dangerous to the people who smoke them. They also give off secondhand smoke filled with toxic chemicals like carbon monoxide and hydrocarbons.

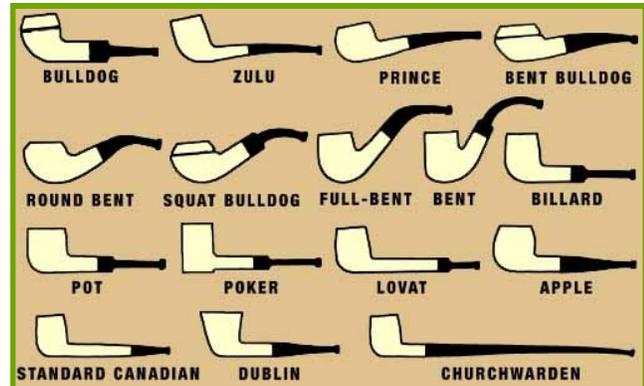
The same advice given to cigarette smokers applies to pipe smokers: quit. If you can't kick the habit on your own, get help from your doctor, another health professional, or a smoking cessation service (1-800-QUIT-NOW). Also make sure to get regular checkups -- including mouth exams to look for signs of oral cancer -- and talk to your doctor about getting screened for lung cancer.

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Bowl - This is where the tobacco is burned
Shank - Part of the bowl leading to the stem
Stem - Stem fits tightly into the shank
Lip - Raised ring around the stem
Filter - Generally a piece attached to the stem

